

Indiana Youth Soccer Recreation Small-Sided Games Format 2005

(Recommended Only)

	U- 5/6	U-7/8	U9/10	11/12
Age Group Format	4 v4 or less	4 v4 or less	6v6 (Five plus a goalkeeper)	8v8 (Seven plus a goalkeeper)
Goalkeeper	No	Optional but if used changed each quarter	Yes	Yes
Goalkeeper Distribution	Not applicable.	Throwing, Rolling, and Kicking.	Throwing, Rolling, and Kicking	Throwing, Rolling, and Kicking
Roster Size	5 if 3/3 6 if 4 v4	5 if 3v3 6 if 4v4	12 Maximum 6 Minimum	14 Maximum 8 Minimum
Game Duration	4 x 8 minutes	4x10 minutes	4 x 12 minutes	2 x 30 minutes
Substitutions	Unlimited	Unlimited	Unlimited	Unlimited
Ball Size	3	3	4	4
Goal Size	4ftx6ft-Maximum	4ftx6ft-Maximum	6ft x 18 ft-Maximum (6ft x 12 ft Recommended)	7ft x 21 ft Maximum (6ft x 18 ft recommended)
Recommended Field Size	35Lx25W- Maximum 25Lx20W Minimum <i>Field sizes in yards</i>	45Lx35W Maximum 35Lx25W Minimum <i>Field sizes in yards</i>	Recommended 45L x 35W Minimum 55L x 45 W Maximum	Recommended 75L x 55 W Minimum 80L x 60 W Maximum
Center Circle	3yd- radius not required	3 yard radius minimum 5 yd maximum (not required)	5 yard Radius	8 yard Radius
Corner Arc	2 feet not required	2 feet not required	3 Feet	3 Feet
Goal Box	Not required	Not required	4 yd L x 14 yd W	4 yd L x 14 yd W

Penalty Box-by yards	Not Required	Not Required	9 yd x 22 yd	14 x 34 yd
Penalty Mark	no	no	8 yards from center goal line	10 yards from center of goal line
Scores/Standings	No	Yes/No	Yes/No	Yes/No
Throw-In	Kick ins/Throw-ins	Kick ins/Throw-ins	Throw ins	Throw ins
Offside	No	No	No	Yes
Referee	No	Not required	1	1
Asst. Referees	No	Not Required	Optional (2) or club	Yes (2) or club